## <u>Testimonial – Aye-Htun Ohn</u> Lifelong Paraplegic Wheelchair User

My name is Aye-Htun Ohn and I have been a paraplegic wheelchair user for all my life. I recently purchased a Tempur mattress to replace my spring coil mattress that I have been using for over 10 years. This, I consider to be one of the best investments I have ever made. In my quest to replace my old mattress, I did my research before making the purchase decision as I have specific needs for my circumstance. As paraplegics, we do not move much during our sleep. This can lead to a number of health complications such as life threatening pressure sores and blood circulation issues. Years of playing Wheelchair Basketball had not been kind to my elbows, shoulders and neck. I have often woken up with stiff neck or sore shoulders; which for wheelchair users, can be more inconvenient than usual as these niggling issues can hinder our mobility even more.

Tempur memory foam mattress provides the solution that I needed to relief pressure on my body while sleep. Memory foam reduces pressure points along my neck, shoulders, hip and elbows, allowing me to sleep without any pain or numbness all through the night. I have not yet woken up with any neck or shoulder pains the past 6 months since I have been using Tempur mattress. Because of this, every time I travel abroad and have to sleep in a hotel's bed, I always look forward to coming back to my own. I would also like to thank Nigel and his team at Vencasa for going an extra mile to ensure that I was satisfied with the product.

Regards, Ave-Htun