

Orientation and mobility overview

1.Main objective:

- To provide independent training to blind and partially sighted persons so that they may live independently without depending on other people to take them around or perform skills of daily living on their behalf.
- To change the attitudes of the sighted people towards people who have visual disability e.g. educate them on how to assist a blind person and also to respect the cane

2.Objectives:

- To train clients in both US 264935 and US 264954: The purpose of US 264935 is to enhance the learner's personal mobility skills, and to develop insight into the challenges facing persons who are blind and partially sighted.
- The purpose of US 264954 is to enhance learner's personal orientation skills, and to develop insight into the challenges facing persons experiencing visual barriers.

3.Training requirements:

- No entry level is needed
- Candidates should be mentally fit, be able to make sound decision while travelling alone, willing to travel alone using a long cane and also be able to transfer some skills to a sighted
- Clients should understand the rules of using a cane, e.g. cane must not be used as a weapon.

4.Duration:

- The training programme will take a maximum period of three months concurrently depending on the client's individual needs assessment as well as the eye condition, e.g. a client with a low vision condition would spend less time than a total blind one.
- One day needs assessment and intake information for a group of at least seven clients.
- One-day induction
- Three months orientation and mobility training
- Assessment is conducted every week
- Two weeks moderation
- Four weeks external verification

5.Introduction & orientation session:

- Overview of the training programme
- Introduction to cane and its parts as well as replacements of parts and give highlights about the rules of cane.